



MEDICATIONS FOR MIDDLE SCHOOL STUDENT ATHLETES

To provide for the health and safety of student athletes, the following procedures must be followed when a student requires an inhaler, insulin, or an emergency medication (Glucagon, Key Chain Medication, Epi-Pen®) during after school practices or athletic events:

A current Medication Administration Request (MAR), Asthma Action Plan (AAP), Emergency Care Plan (ECP), or Diabetes Management and Treatment Plan (DMTP) must be completed by the prescribing physician and on file in the school clinic. All medication must be in the prescription/original container and clearly labeled with the student's name; name of medication, dose, and frequency of administration. Inhalers, insulin, and emergency medications for students shall be securely stored in the school clinic.

Parents/guardians of student athletes must provide a **second inhaler, insulin, or emergency medication** to the RN. All information will be verified and the RN will deliver the medication to the coach and provide any required training in symptom recognition, administration, and documentation. It is the responsibility of the coach to keep all student medication secured in an easily accessible location. The coach will follow the physician's directions, NEISD protocols for medication administration, and immediately contact parents in the event of a medical emergency.

At the end of the athletic season and/or after the last competition of the school year, medications will be returned to the RN and may be picked up by a parent/guardian. No medications will be sent home with students.

Student's Name

Parent/Guardian's Signature

Date

Coach's Signature

Date

RN's Signature

Date